

# MotherToBaby Mission

MotherToBaby, a service of the non-profit Organization of Teratology Information Specialists (OTIS), is dedicated to providing evidence-based information to mothers, health care professionals, and the general public about medications and other exposures during pregnancy and while breastfeeding. MotherToBaby affiliates support and contribute to worldwide initiatives for teratology education and research.



## MotherToBaby

Medications & More During Pregnancy & Breastfeeding  
Ask The Experts

### Call MotherToBaby

Toll-FREE

**(866) 626-6847**

Visit us online at

**MotherToBaby.org**

- Download and print fact sheets from our resources section
- Learn about our research studies
- Find a MotherToBaby affiliate nearest you (including services outside of the U.S.)

### Find us!

 [Facebook.com/MotherToBaby](https://www.facebook.com/MotherToBaby)

 [@MotherToBaby](https://twitter.com/MotherToBaby)

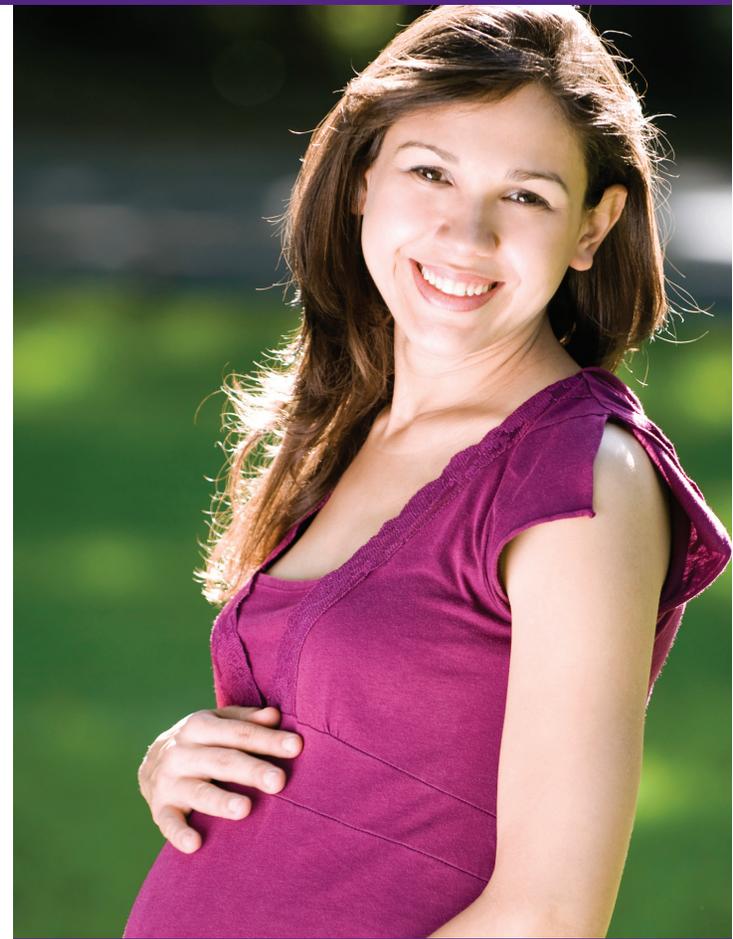
 [Pinterest.com/MotherToBaby](https://www.pinterest.com/MotherToBaby)



**FDA** Office of  
Women's  
Health

OWH is collaborating with MotherToBaby to distribute information on medication use during pregnancy

# YOU have questions. WE have answers.



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**[www.MotherToBaby.org](http://www.MotherToBaby.org)**

## What is MotherToBaby?

MotherToBaby, a service of the non-profit Organization of Teratology Information Specialists (OTIS), answers your questions about medications you might need to take or products that you use or want to use during your pregnancy or while you are breastfeeding.

Our organization was formed in 1987 as a way of getting experts in the field of birth defect research to talk to mothers, family members and health care professionals. We provide up-to-date information about the safety of medication and herbal supplements, drugs of abuse, alcohol, chemicals, illnesses and much more.

**OTIS and its information service, MotherToBaby, are suggested resources by many agencies including the Centers for Disease Control and Prevention (CDC).**



## Why call MotherToBaby?

- **We care about you and your baby.**
- **More than 100,000 women trust us and call us every year to get answers.**
- **Call if you have questions about over-the-counter medications you have taken or would like to take.**
- **Maybe you are sick and wonder if your illness will hurt your baby?**
- **Call if you have had some alcohol to drink and are worried about what might happen to your baby.**



Why search for answers elsewhere when you can talk directly to the experts about the most up-to-date research?

## Who will I talk to when I call MotherToBaby?

You will talk with an expert who will share the most up-to-date research with you.

**Our FREE service is just a phone call away!**  
**(866) 626-6847**

**Se Habla Español!**

Visit [MotherToBaby.org](http://MotherToBaby.org) or scan with your smartphone for our library of FREE fact sheets.



Find us!  @MotherToBaby  [Pinterest.com/MotherToBaby](https://www.pinterest.com/MotherToBaby) 

## Every mom has questions. Help us help you.

Our research comes from pregnant volunteers just like you. When you call us, we may ask you about volunteering for a study during your pregnancy.

Taking part in a study would NOT require you to change anything about your normal routine, including taking your prescribed medications. It will require phone interviews during pregnancy and after the birth of your child. Your participation can mean you're taking an extra step to gain better information about the health of your baby. At the same time, you'll be contributing important information about the effects of diseases and medications on pregnancy outcome.

**Volunteer today to help provide answers for tomorrow!**

*MotherToBaby research projects are conducted by the Organization of Teratology Information Specialists (OTIS) and are coordinated at the University of California, San Diego, CA.*

